

CSCM TRAINING GROUPS

CURLING

CSCM works with <u>Curling Canada</u> NTP Teams. As of December 2016 that is <u>Team Carruthers</u>, <u>Team Einarson</u>, <u>Team Jones</u> and <u>Team McEwen</u>.

For strength & conditioning contact <u>Kyle Turcotte</u>, National Team Program Fitness Consultant and CSCM's Strength & Conditioning Lead.



@ kyle@cscm.ca

For dietary services, contact <u>Jorie Janzen</u>, National Nutritiion Consultant and CSCM's Director of Sport Dietetics.

@ jorie@cscm.ca

For all other services and support, contact Stephanie Lambert, CSCM's Athlete Services & Development Manager.



DIVING

CSCM works with <u>Manitoba Diving</u> and <u>Revolution Diving</u>. Specifically CSCM services the Sport Canada Carded & Senior level divers, High Performance (top 12 in Canada) Junior level divers and, to a certain extent the Next Gen & Canada Games Squad.

For servicing/support information please contact: Dallas Ludwick, Canadian Senior National Team Coach and Head Coach Revolution Diving & CSCM



or, Stephanie Lambert, CSCM's Athlete Services & Development Manager



stephanie@cscm.ca

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TRIATHLON

CSCM works with the Manitoba Triathlon Centre (MTC), primarily the Sport Canada Carded athletes and/or athletes who have podium at Jr. or Youth National Series Races and the MTC Elite.

For servicing/support information please contact: Gary Pallett, MTC Head Coach



or, Stephanie Lambert, CSCM's Athlete Services & Development Manager



WOMEN'S HOCKEY

CSCM works with Hockey Canada, primarily with Manitoba connected players who are Sport Canada Carded.

For servicing/support information please contact: Gina Kingsbury, Hockey Canada

@ gkingsbury@hockeycanada.ca

or, Stephanie Lambert, CSCM's Athlete Services & Development Manager



WESMEN WRESTLING

CSCM works with the University of Winnipeg, Wesmen Wrestling, both men's and women's.

For servicing/support information please contact Adrian Bruce, Head Coach Wesmen Wrestling

@ ad.bruce@uwinnipeg.ca

or, Stephanie Lambert, CSCM's Athlete Services & Development Manager



stephanie@cscm.ca

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